

Rules and Regulations: A Reminder Course

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Handwashing

From ODJFS Child Care Manual (5101:2-12-15.1)

A handwashing facility requires:

- Liquid soap
- Running water
- Individually assigned or disposable toweling or air dryers shall be provided with all restrooms



Handwashing

From ODJFS Child Care Manual (5101:2-12-15.1)

Employees shall wash hands often, but required:

- Upon arriving at the center
- After toileting or assisting with toileting and changing diapers
- After handling pets, pet cages or other pet objects
- Before eating, serving or preparing food
- After contact with bodily fluids or cleaning up spills
- Before and after administering medication, first aid or completing a medical procedure
- After taking off disposable gloves

Handwashing

From ODJFS Child Care Manual (5101:2-12-15.1)

Children shall be assisted as needed to wash hands:

- Whenever hands are visibly dirty
- After toileting
- Before eating food
- When returning inside after outdoor play
- Following contact with bodily fluids
- After handling pets, pet cages or other pet objects

Basic Precautions

From ODJFS Child Care Manual (5101:2-12-15.1)

- Always wear vinyl gloves during contact with blood or body fluids which contains blood*
- Dispose of bloody materials in a sealable, leak-proof plastic bag
- Place non-disposable items, such as clothing that contain blood, in a sealable, leak-proof plastic bag
- Clean contaminated surfaces with hot, soapy water, and then sanitize with an appropriate bleach solution or acceptable EPA hospital-rated disinfectant

* Note: It is advised that you always wear vinyl gloves if you may come in contact with draining infection, whether or not blood is present.



Diapering and Toilet Training

From ODJFS Child Care Manual (5101:2-12-15.2)

Diapering shall be handled in conformity with the following methods:

- Use disposable separation material on all changing surfaces (and discard after use)
- Provide disposable gloves for diapering
- Clean central diaper changing when visibly soiled and sanitize after each diaper change
- Send soiled children's clothing home without being rinsed in a sealed plastic container
- Dispose of soiled diapers in a plastic, lined receptacle that prevents hand contamination
- Always follow proper laundering procedures for cloth diapers

Managing Illness

From ODJFS Child Care Manual (5101:2-12-33)

- The center shall immediately notify the parent or guardian of the child's condition when a child has been observed with signs or symptoms of illness
- Notify parents, within the next day of center operation, when their child has been exposed to a communicable disease
- MRSA *is* a communicable disease

Managing Illness

From ODJFS Child Care Manual (5101:2-12-33)

Signs indicating need for isolation:

- Axillary Temp of $\geq 100^{\circ}$ F w/other sign of illness
- Diarrhea
- Untreated infected skin patches, unusual spots or rashes
- Stiff neck with elevated temp.
- Sore throat or difficulty swallowing
- Vomiting more than once or when accompanied by any other sign or symptom of illness
- Severe coughing
- Difficult or rapid breathing
- Yellowish skin or eyes
- Redness of the eye or eyelid, thick and purulent (pus) discharge
- Unusually dark urine and/or gray or white stool
- Evidence of untreated lice, scabies, or other parasitic infestation



Preventing Spread of Disease

From ODJFS Child Care Manual (5101:2-12-27)

- Provide proper training for all staff in the process of handwashing and diapering.
- Release employees who have a communicable disease or who are unable to perform their duties due to illness
- Refer to JFS 08087 “Ohio Department of Health Communicable Disease Chart” (rev. 04/2006) for appropriate management of suspected illnesses. Post in a location readily available to center staff and parents.
- Contact your local health department for information if a suspected communicable disease is not listed on the chart.

Other Resources

- www.HealthyChild.net (Healthy Childcare)
Current edition includes article about MRSA in a childcare setting.
See link on right.
- www.ohiopandemicflu.gov/publications
Download a number of ODH support materials, including handwashing and general prevention tips
- <http://www.odh.ohio.gov/alerts/mrsa1.aspx>
Everything you need to know about MRSA
- <http://www.epa.gov/oppad001/chemregindex.htm>
Information about the different classifications of EPA approved disinfectants and other valuable EPA information.

Healthy Child Care Ohio

- www.occrra.org/hcco.htm
For free training on health and safety issues, including handwashing and illness prevention
- jfs.ohio.gov/cdc/childcare/stm
For access to the child care manual and information on state child care regulations