



Keep Our Babies Alive



### What is KOBAs?

- A free and confidential outreach program for pregnant African American women in Stark County. **KOBAs** helps these moms get the prenatal care they need.

### Who is eligible to participate in the KOBAs program?

- Any pregnant African American woman living in Stark County.

### What things do I have to pay for with the KOBAs program?

- **KOBAs** is **FREE**. There is no cost to any woman in the program.

### How can I refer a friend or relative?

- We encourage you to refer someone you care about to the program (330) 493-9914 ext. 241 or 100.

### If I am under the age of 18, will I need parental consent for a pregnancy test?

- No, you do not need parental consent. You will be given a free test that you can take in your home. However, participation in the ongoing program does require parental consent.

### Will anyone know that I am in KOBAs?

- **KOBAs** is completely confidential. **KOBAs** does not share your personal information.

### Services provided by KOBAs

- **Transportation**-Offers information on transportation options for doctor visits and other pregnancy related appointments
- **Food**- **KOBAs** helps the mother enroll in supportive programs offering nutritional assistance, food stamps, WIC, etc. **KOBAs** also makes referrals to appropriate shelters and food cupboards if necessary.
- **Smoking Cessation**- Educates mothers on the effects smoking has on children during and after pregnancy
- **Education**- a trained community health care worker will visit each mother and provide education during each month of pregnancy, and on the child's development after deliver by using "Partner's for a Healthy Baby" curriculum.

### Did you know?

***Low birth weight can cause many infants to die unnecessarily. This tragedy can be avoided with proper health care and education. KOBAs works to reduce low birth weights through education and assistance.***

[www.kobacares.com](http://www.kobacares.com)



