

## Social Services Available

In the event of a quarantine, a representative from the Local Health Department will be available to provide the following:

- Assessment of the special needs and fears of the clients.
- Community linkage and referrals to appropriate social service agencies.
- Emergency counseling and assistance.
- Assist in providing temporary relief to both individuals and families (i.e. food, clothing, and shelter).

## WHAT YOU MAY BE REQUIRED TO DO IN THE EVENT OF A QUARANTINE

1. Report directly to your home or designated quarantine area.
2. Notify your employer of the current situation.
3. Avoid contact with all relatives, friends, and pets until further notified by the Local Health Department.

**Since the law calls for a quarantine in the event of an outbreak of specific infectious diseases, legal action may be taken against any person who chooses to not cooperate with the Local Board of Health!**

## A Collaborative Effort By:

**Stark County Health Department**  
(330) 493-9928  
[www.starkhealth.org](http://www.starkhealth.org)

**Alliance City Health Department**  
(330) 821-7373  
[www.cityofalliance.com/health](http://www.cityofalliance.com/health)

**Canton City Board of Health**  
(330) 489-3231  
[www.cantonhealth.org](http://www.cantonhealth.org)

**Massillon City Health Department**  
(330) 830-1711  
[www.massillonohio.com/health](http://www.massillonohio.com/health)

## RESOURCES

**Centers for Disease Control and Prevention**  
[www.cdc.gov](http://www.cdc.gov)

**Crisis Intervention Center of Stark County**  
(330) 452-6000

**The American Red Cross**  
[www.redcross.org](http://www.redcross.org)

**U.S Department of Homeland Security**  
[www.ready.gov](http://www.ready.gov)

# GENERAL QUARANTINE GUIDELINES

## A Personal Guide to Address Quarantine Issues

### *Inside...*

- *The Law*
- *What is a Quarantine?*
- *Who May be Quarantined*
- *Local Agency Support*

**Stark County Health Department  
Alliance City Health Department  
Canton City Health Department  
Massillon City Health Department**

## PURPOSE OF QUARANTINE

The purpose of a quarantine (i.e. a limitation of movement) is to limit the spread of highly infectious diseases from person to person within a community. Your Local Health Department understands the inconvenience that a quarantine may impose on you, but rest assured that your basic needs will be taken care of if such a situation should arise.

## WHAT DOES QUARANTINE MEAN?

### Isolation vs. Quarantine

**Isolation:** This usually takes place in a hospital. If a person is ill with a highly infectious disease, he/she will be kept separated from healthy people to stop the spread of illness. People in isolation may be cared for in their homes, in hospitals, or at designated health care facilities. Isolation is common today in hospitals for patients with tuberculosis (TB) and certain other infectious diseases.

**Quarantine:** People are quarantined to stop them from spreading a disease within their community. A quarantine would be used to limit the movement of a person exposed to a specific, highly infectious disease. A person who is thought to have been infected by one of these specific diseases is called a *contact*. If quarantined, a *contact must* stay at home or at another designated place until your Local Health Department determines that you are not contagious.

## QUARANTINABLE DISEASES

Most diseases do not require a quarantine. This has not happened in the U.S. in over 40 years. An outbreak of some diseases may require a quarantine. Since all germs infect the body differently, the amount of time it takes for them to infect, cause illness, and be passed may be different. A few examples of quarantinable diseases are provided below:

Disease	*Time of Quarantine
SARS	10 days
Smallpox	18 days
Diphtheria	14 days
Cholera	7 days
Yellow Fever	6 days
Pneumonic Plague	7 days
Flu (influenza)	varies

\* **Quarantine times may vary according to the disease and situation.**

## VOLUNTARY VS. MANDATORY

**Voluntary:** A voluntary quarantine is when a *contact* is advised by their physician or a representative from the Local Health Department to remain at home for a number of days to limit the spread of disease.

**Mandatory:** A mandatory quarantine is a situation that allows the Board of Health to order a known contact to stay in his or her home until that person is released from quarantine.

## THINGS YOU MAY NEED IF QUARANTINED!!

**Remember, if you are quarantined, you will be ordered to go directly home - not to the store to buy supplies...!**

It is recommended that each household have enough supplies on-hand to last at least 3 days in preparation for a disaster-like situation. Agencies like the Red Cross are available to help deliver basic necessities during most quarantine situations. Some basic supplies you may need to have on-hand include:

1. Food and Water
2. Medical Supplies
3. Personal Hygiene Items

## SECTION OF LAW

According to Ohio Revised Code Section 3707.04- 3707.25 the board of health or general health district has the right to detain, quarantine, or isolate individuals who have been exposed to a communicable disease that is declared quarantineable by the local board of health. The board shall at once restrict the individual to their place of residence, or other suitable place and shall prohibit entrance to or exit from that residence without written proof from the board of health. The board of health may employ quarantine guards to maintain the quarantine ordered by the board of health. This quarantine is meant to protect those susceptible individuals in the general public.